

## SESSION 02: Describe Your Next

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### Describe your next

#### Prime Objective:

The prime objective of this activity is to enhance students' speaking skills by encouraging them to describe their classmates eloquently and fluently, incorporating relevant idioms and phrases to enrich their oral descriptions.

Descriptive Idioms, Phrases, and Adjectives Reference Sheet

Physical Appearance

#### Idioms/Phrases:

As fresh as a daisy - Very fresh and clean.

Bright-eyed and bushy-tailed - Full of energy and enthusiasm.

A picture of health - Appearing healthy and well.

Fit as a fiddle - In very good health.

Dressed to the nines - Dressed very elegantly or fashionably.

#### Adjectives:

Tall/Short

Slender/Plump

Elegant/Rugged

Youthful/Aged

Radiant/Drab

Personality Traits

#### Idioms/Phrases:

An open book - Someone who is easy to understand and does not hide their feelings.

A heart of gold - Very kind and good-natured.

Cool as a cucumber - Very calm and composed, especially in difficult situations.

The life of the party - Someone who is very lively and makes events enjoyable.

As stubborn as a mule - Very determined and unwilling to change their mind.

A ray of sunshine - Someone who brings happiness to others.

### Adjectives:

Cheerful/Moody

Generous/Selfish

Outgoing/Shy

Ambitious/Lazy

Optimistic/Pessimistic

Unique Details

### Idioms/Phrases:

Eyes like a hawk - Very observant and notices small details.

As busy as a bee - Very active and hardworking.

As quiet as a mouse - Very silent and unobtrusive.

A walking encyclopedia - Someone who knows a lot of information about many topics.

As strong as an ox - Very strong physically.

A breath of fresh air - Refreshing and new in a positive way.

### Adjectives:

Observant/Unobservant

Diligent/Negligent

Silent/Noisy

Knowledgeable/Ignorant

Strong/Weak

Refreshing/Boring

## How to Use These Idioms, Phrases, and Adjectives

**Incorporate into Sentences:** When describing someone, try to use these idioms, phrases, and adjectives to make your description more vivid. For example, "Julia is always the **life of the party** with her bright smile and infectious laughter."

Combine with Observations: Mix idioms, phrases, and adjectives with your own observations for a more detailed description. For instance, "Tom, **fit as a fiddle** and always cheerful, runs every morning and never seems to get tired."

Use these idioms, phrases, and adjectives to enhance your descriptions and make them more engaging and expressive!

## Conclusion:

In this activity, students practiced observing and describing their peers using vivid language, idioms, and phrases, which helped improve their speaking abilities. By sharing their descriptions, they not only developed their fluency and eloquence but also fostered a deeper sense of understanding and community within the classroom. This exercise highlighted the importance of clear and expressive communication, which is essential for effective interpersonal interactions.

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